



Social stories help kids know what to expect in a new or hard situation. Fill in the blanks together — read it before the event, and after.

Story title: _____ By: _____

1

(draw or paste a picture here)

Sometimes, this happens:

Describe the situation.

2

(draw or paste a picture here)

When it happens, I might feel:

Name what it feels like.

3

(draw or paste a picture here)

Here is what I can do:

One or two simple things to try.

4

(draw or paste a picture here)

Other people might:

What others might say or do.

5

(draw or paste a picture here)

Words I can use:

Phrases that feel safe to say.

6

(draw or paste a picture here)

In the end, I will be okay because:

What helps me, who helps me.
